IN THE CLAIMS

1-10. (Canceled)

11. (Currently amended) A method for routing packets in a distributed network including a plurality of nodes, the nodes being coupled via links and the nodes having queues associated with the links, the method comprising the steps of:

injecting a packet flow into the distributed network at a corresponding source node, wherein the packet flow is stored in an overflow buffer of the source node in response to a height of at least a given queue of the source node exceeding a threshold;

equalizing the queues at each node of the distributed network <u>wherein an integer number of</u> packets in each queue is maintained;

pushing the packet flow in the distributed network such that packets are moved from a queue with a higher height to a queue with a lower height in a manner that substantially minimizes power dissipation at affected nodes; and

absorbing the packet flow at a corresponding sink node such that heights of queues at the sink node are set to zero.

- 12. (Original) The method of claim 11, wherein the distributed network is a mobile ad-hoc network, and further wherein the node and at least one neighboring node communicate over a wireless link.
- 13. (Original) The method of claim 11, further comprising the step of a node receiving broadcast information from at least one neighboring node pertaining to the height of at least one queue of one neighboring node.
- 14. (Original) The method of claim 11, wherein the injecting, equalizing, pushing and absorbing steps are performed for a number of rounds such that throughput requirements are

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substantially satisfied while substantially maximizing a lifetime associated with the distributed network.

15-25. (Canceled)